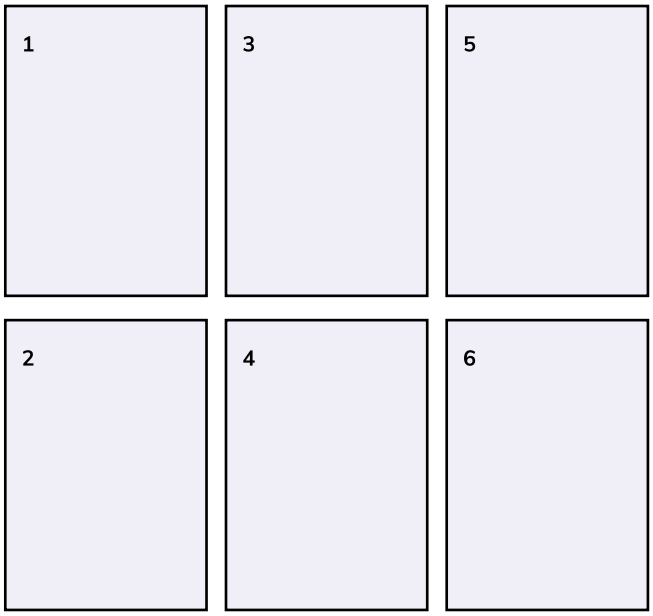
TAROT CHEAT SHEET

month ahead spread

The **Month Ahead Spread** is a powerful tool for gaining insight into the upcoming month. Whether you're preparing for personal growth, navigating social connections, or focusing on self-care, this spread helps you stay grounded and aligned with your highest self. With just six cards, it offers a comprehensive view of what to expect and how to navigate the month ahead with intention and balance.

1. Card to represent energy during the month ahead
2. Card to represent social life this month
3. Something you should pursue this month
4. Something you should be cautious of this month
5. How to practice self-care this month
6. How you can be in alignment with my highest self this month



The Month Ahead Spread is perfect for preparing and reflecting at the beginning of each month. Use it as a guide to set your intentions and align your actions with what the cards reveal. For example, if the card representing your energy shows a need for rest, you might approach the month with a focus on relaxation and recovery. If your self-care card suggests setting boundaries, you can plan to prioritize your mental and emotional health by saying no to overcommitment.