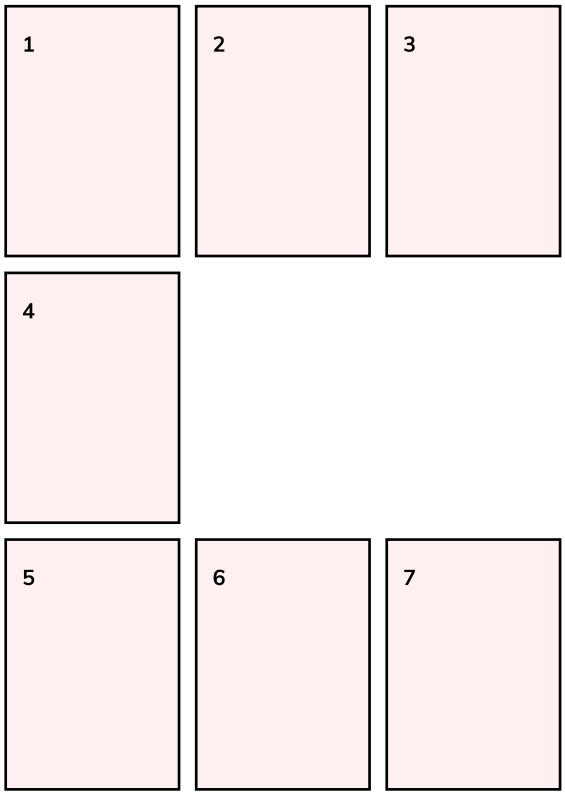
TAROT CHEAT SHEET

week ahead spread

The **Week Ahead Spread** is a seven-card layout crafted to provide daily insights for the upcoming week - there are two main versions that are commonly used. By drawing a card for each day, you can anticipate challenges, embrace opportunities, and align your actions with the prevailing energies. This spread is perfect for setting intentions, planning activities, and fostering personal growth throughout the week.

1. My week as a whole
2. Something unexpected that will arise
3. How I can stay grounded & balanced
4. Important emotion I will feel this week
5. Something that will inspire me
6. How my spirit guides speak to me this week
7. How to best support myself this week

1. Monday
2. Tuesday
3. Wednesday
4. Thursday
5. Friday
6. Saturday
7. Sunday



This spread works well for weekly planning and preparation, offering insights into the key events, energies, and challenges you might face. It helps ensure you stay on top of your priorities while also giving you space to reflect on personal growth. You can pull this spread at the start of every week to set intentions and get clarity on how to navigate each day, keeping an eye on the challenges and opportunities as they arise.