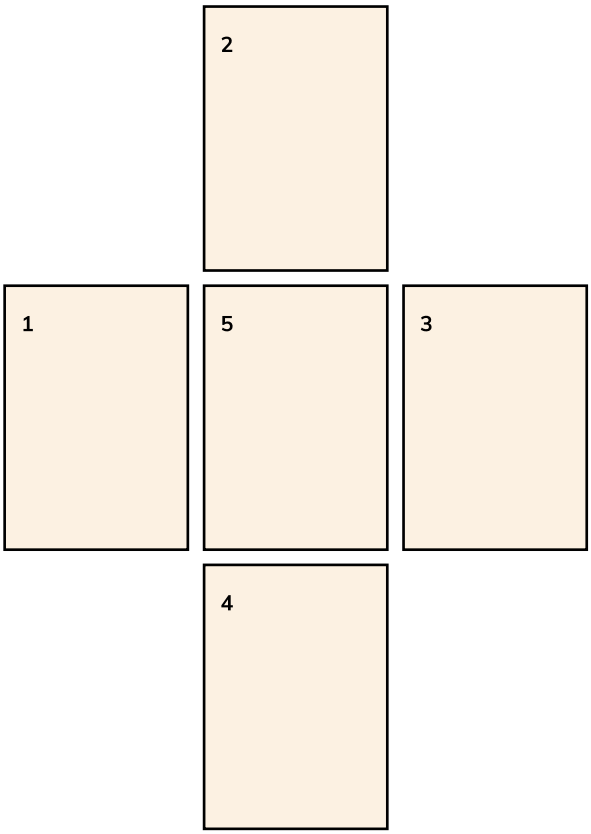
# TAROT CHEAT SHEET
## compass spread

The Compass Spread is designed to provide guidance on the different directions you are pulled in life. By examining the energies of the past, present, and future, this spread offers insight into where you've been, where you are, and where you're headed. It also explores the balance between feminine and masculine energies, helping you understand what you need to embrace and what to release to align with your true path.

1. **West (Feminine Energy / Past).** This card represents the feminine energy in your life or past influences that are still affecting you. It may reveal what emotional or intuitive elements you are carrying with you.
2. **North (Energy to Aspire to):** This card shows the energy or qualities you are being called to move toward. It guides you on what to focus on and aspire to in your journey ahead.
3. **East (Masculine Energy / Future):** This card reflects the future or masculine energy, pointing to what you will need to embrace moving forward. It may highlight action, leadership, or forward momentum.
4. **South (What to Leave Behind):** This card reveals the energies, habits, or thought patterns you need to release. It shows what is no longer serving you and should be left in the past.
5. **You (Current Energy):** This card represents your current state of being– the energy youare embodying right now. It offers insight into where you currently stand on your path and how you're engaging with the world around you.




The Compass Spread is perfect for moments of transition or when you feel unsure of the direction you're headed. It helps you balance the dichotomies of past and future, feminine and masculine, and what you should let go of versus what you should call in. By reflecting on each of the compass points, you can gain a deeper understanding of where you are and how to align with the energies that will best serve you moving forward.