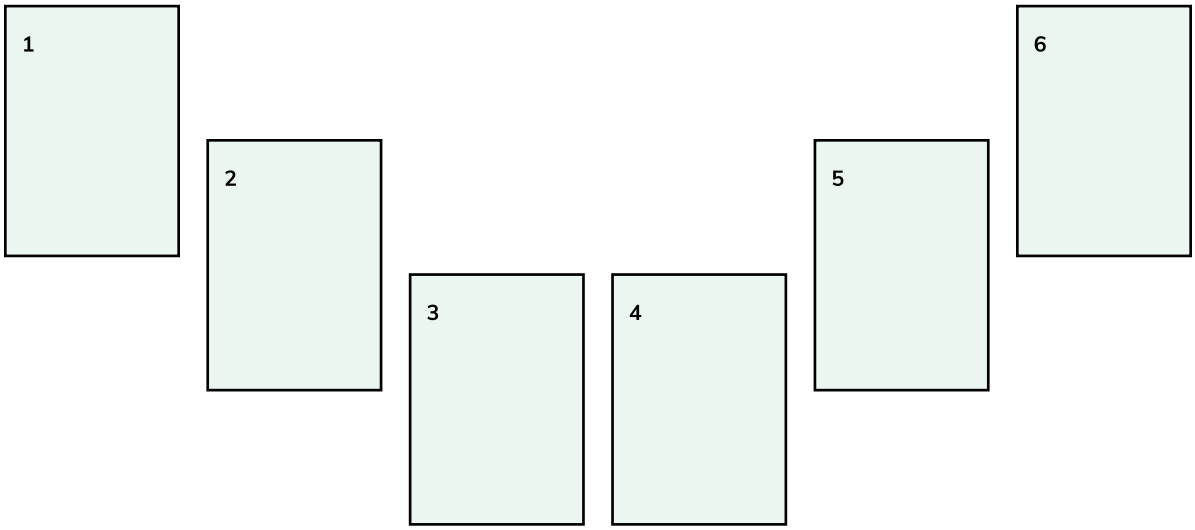
TAROT CHEAT SHEET

new moon spread

The **new moon spread** is known for harnessing the energy of the new moon, this spread is perfect for setting intentions, initiating new projects, and embracing fresh starts



1. **What to Release - Habits or thoughts to let go.**
2. **What to Embrace - New energies to welcome.**
3. **New Opportunities - Possibilities arising with the new moon.**
4. **Action Plan - Steps to manifest intentions.**
5. **Personal Strengths - Qualities to leverage.**
6. **Future Outcome - Potential results of your efforts.**

Use this spread at the beginning of a lunar cycle or when starting new ventures. For instance, if you're planning to launch a business, the cards might suggest releasing self-doubt (What to Release) and embracing confidence (What to Embrace). New Opportunities could point to networking events, with an Action Plan to attend them. Leveraging your determination (Personal Strengths) could lead to a successful launch (Future Outcome).