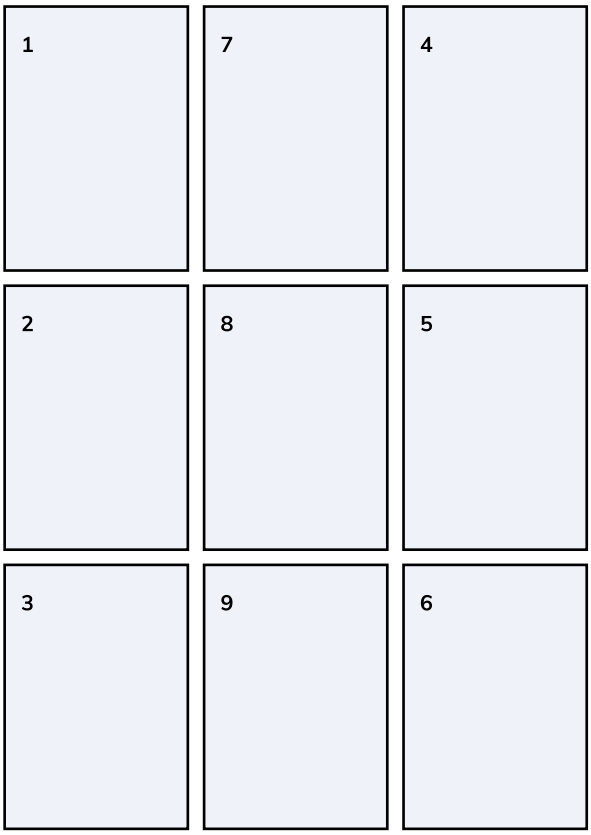
TAROT CHEAT SHEET

heart vs head spread

When you're feeling torn between the desires of your heart and the reasoning of your mind, the **Heart vs. Head Spread** can offer clarity. This spread helps you explore the motivations of both your emotional self and your rational mind, creating a bridge between the two. By understanding the different drives of your heart and head, you'll be able to make decisions with greater confidence, finding a balance between emotion and logic.

- **1-3. Heart:** These cards reflect what your heart is telling you, highlighting your emotions, intuition, and gut feelings—the non-rational ways you know what's right for you.
- **4-6. Head:** These cards represent the voice of reason and logic. They reveal what your rational mind is advising, helping you understand the situation in a more logical and quantifiable way.
- **7-9. Bridge:** These cards show you how to bring together the wisdom of both your heart and your head. They help you find common ground or point to which side—emotion or logic—you might lean on for guidance in this particular situation.



This spread is ideal when you're grappling with a difficult decision or feeling conflicted between your emotional desires and logical reasoning. As you draw the cards, reflect on how each side—your heart and your head—has its own wisdom to offer. The bridge cards will help guide you toward a middle path, where both parts of yourself can find common ground or show that their concerns may not be so different after all.