

CAREGIVER CHECKLIST

CAREGIVER	
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PATIENT	
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TASK	Assistance Required?	Notes
Bathing		
Going to the Bathroom		
Grooming		
Dressing		
Eating		
Medication Management		
Transportation		
Nursing Care		
Physical therapy		
Occupational therapy		
Monitoring vitals		
Scheduling Appointments		
Making the bed		
Changing bed linens		
Cleaning bathroom		
Cleaning kitchen		
Taking out the trash		
Doing Laundry		
Vacuuming/Cleaning		
Yardwork		
Prepare list		
Running errands		
Buying supplies		
Storing food		
Planning a menu		
Preparing meals		
Transportation		
Games		
Outdoor activity		
Reading aloud		
Communication		
Pay bills		
Managing finances		
Meetings		

TASK	Assistance Required?	Notes